



Esperance Foundation

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ESPERANCE FOR WOMEN AND CHILDREN IN PRISONS AFRICA – EWCPA QUARTERLY NEWSLETTER 2024

Message from the Founder/CEO



Dear Friends and Supporters,

Welcome to the second quarter of 2024! Our mission at **Esperance for Women and Children in Prisons Africa-EWCPA** is to provide social and economic empowerment to women and children in and after prison through needs-driven services to address dysfunctional challenges as they reintegrate into society for communal harmony and prosperity. This quarter we have made significant strides in providing essential **Psychosocial support, Counselling, Legal Aid Support, Education Support, Reintegration support**, and **hope** to these often-overlooked members of society. Thank you for being part of our journey.

Warm Regards,

Esperance Mauwa Kayitesi Hay

HIGHLIGHTS OF THE QUARTER

1. **Psychosocial Development Support:** EWCPA has implemented a comprehensive psychosocial development program aiming at addressing the emotional and social needs of incarcerated women, which includes group therapy sessions and mutual support.
2. **Counselling Support:** Our team of trained counselors has been providing one-on-one and group counseling sessions to help women navigate the psychological challenges of imprisonment, which has helped women inmates cope with stress, trauma, and the anxiety of separation from their families.
3. **Legal Aid Support:** Recognizing the complexities of the legal system, we have expanded our legal aid services this quarter. We have assisted a woman in Eldoret prison with her legal case offering support for appeals and helping her understand her rights and legal options.
4. **Education Program Support:** We have purchased books for the children in prisons to ensure they stay connected to the outside world and continue learning. Additionally, we have provided computers for the women inmates, facilitating digital literacy and enhancing their educational opportunities.
5. **Reintegration Support:** To support successful reintegration into the society. We have developed programs that include; Job placement services, and opening small businesses for the



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inmates; this initiative aims to prepare women for life after prison, reducing the rate and risks of re-offending.

6. **Hope and Spiritual Nourishment:** Spiritual support is vital, for many of the women we serve. In collaboration with WOFEM, we are organizing spiritual and religious activities to provide a source of hope and strength, which include prayer and meditation sessions and inspirational talks from WOFEM leaders.
7. **Healthcare Support:** We have provided essential healthcare supplies, including diapers for children sanitary towels for women, and clothing for both of them respectively.
8. **Children Support Initiatives:** Our focus on children's well-being has led to the acquisition of new toys, including a bouncing castle, and other play equipment. These additions have created a more vibrant and joyful environment for children living in prisons, allowing them to play and thrive despite the circumstances.
9. **Success Stories:**

Esperance for Women and Children in Prisons Africa – EWCPA has a history of transformative support:

- ✓ In 2019, We helped a man acquire a driving license
- ✓ In 2022, we provided clothing, suitcases, and shoes to a man upon his release from prison
- ✓ The same year, we assisted a group of women with sewing machines and salon equipment to open up a small business in Nairobi CBD
- ✓ In 2022, we provided accommodation for two women after their release from prison, ensuring they have a safe place to start a new
- ✓ In 2022, we helped a man secure a pro bono lawyer and return to his home country (Rwanda)
- ✓ In 2022, we purchased an egg incubator for a woman inmate from Thika Women's Prison and also stocked a shop for another woman from Thika Women's Prison who is now in Taita Taveta.
- ❖ **Art and Exhibition:** As a foundation, we also promote art and exhibitions. During our Gala events, Artwork created by inmates is showcased in local galleries, with profits going back to the prisons to support the artists.

UPCOMING INITIATIVES

Expanded Legal Support: We are aiming to Launch a legal aid program to assist women with navigating the complexities of the legal system, providing much-needed support for appeals and family reunification processes.

Mental Health Expansion: Our mental health services are aimed to be expanded to include one-on-one counseling sessions aiming to address the deep-rooted trauma and emotional needs of incarcerated women.

Community Reintegration Programs: We are developing programs to support women as they transition back into society, including job placement services, small business opportunities, and continued education opportunities.



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GET INVOLVED

Volunteer with Us: We are always looking for dedicated volunteers to support our programs. Whether you have skills in counseling, legal, or simply a passion for helping others, your contribution can make a significant difference.

Donate: Your financial support is crucial in maintaining and expanding our programs. Consider donating today to help us continue our mission.

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Partner With Us: We welcome partnerships with businesses, NGOs, and individuals who share our vision. Together we can create a more inclusive and supportive environment for women and children in prisons.

CONTACT US:

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